

Winter 2016

thevoice

The newsletter of abbeyfieldscotland



In this photo: Mary Reid from Abbeyfield House, Lenzie.



Christmas card creation



Rosemarkie residents Robin, Joy, Cathy, Irene, volunteer Kathleen and activities coordinator, Irene (standing) have been busy creating Christmas cards to be sold in aid of the Rosemarkie residents' fund.



Torphins day out



The Torphins residents enjoyed a day out which included a visit to the famous Aunty Betty's in Stonehaven for ice cream.

Donation from The Bread of Life

Residents and Friends of Torphins received a welcome donation from The Bread of Life charity shop in Torphins, which was used to purchase a new television for the residents' lounge.



Esplanade's spooky tea



The residents at Esplanade dressed for the occasion and enjoyed a spooky Halloween tea.





Ghoulish fun at Abbeyfield

A Halloween celebration took place at Park House, Bridge of Allan where residents and Friends played 'Abbeyfield Bingo' specially produced by the House Supervisor.

Following this the residents enjoyed a Halloween themed lunch featuring 'Mouldy Cheese', 'Bloodied Tomatoes', 'Bat Buns' and 'Slime and Eyeballs'.



Contact the elderly

Contact the Elderly launched their Bishopbriggs group at Ferndean, Lenzie. It was a great afternoon and the ladies enjoyed a tour of the house, taking in the beautiful views. A great big thank you goes to House Supervisors, Debbie and Gordon, for their excellent bakes.



Halloween themed tea

Inverness residents also celebrated the fun of Halloween with a themed tea.

Abbeyfield Scotland turns 60

HRH The Prince of Wales, Royal Patron of The Abbeyfield Society, congratulated Abbeyfield on turning 60 and he praised the work carried out by The Perth Society which had raised funds for a minibus. Log on to our website www.abbeyfield-scotland.com to read a very special letter from Prince Charles.





Goodbye John

It was a sad goodbye to our wonderful Board member, John Leggatt, who has served with Abbeyfield for 27 years. John has earned a well-deserved retirement from his Board duties but will continue to volunteer and remain a Friend of Abbeyfield, Coatbridge. We thank you for your hard work and commitment and wish you all the best, John!



Coffee morning fun

A very special coffee morning attended by residents, Friends and Abbeyfield Board members was held to mark the retirement of Diana McCall and Mhari Bell who were both long serving House Supervisors at Abbeyfield, Killearn.



Farewell party

Residents, volunteers and staff at Abbeyfield, Esplanade held a farewell party for Maureen Houston who recently retired. She had worked for Abbeyfield for over 22 years. We will miss you Maureen!



Thank you

Isabel Law, very special Friend of Abbeyfield, Park House, Bridge of Allan received a presentation for her dedicated work from Abbeyfield Scotland's Chief Executive, Niall Patterson and Head of Housing Operations, Karen Barr.





Mad Hatter tea party at Lockerbie

A number of Lockerbie residents recently fell down a rabbit hole and found themselves part of a Mad Hatter's Tea Party at Parklea House, Lockerbie! A total of 14 people, including staff and residents, took part in a competition to be judged for best hat. The hats were deemed a

high quality and were either home made or 'upcycled' from carefully chosen charity shop purchases. The tea party was such a success that the house now plans to introduce it as an annual event.



£80 Raised
Well Done

Coffee morning success

The annual MacMillan coffee morning was held at Abbeyfield House, Esplanade recently and £80 was raised. Well done to everyone involved!





National Strawberry Tea with Graham's

Abbeyfield teamed up with Graham's The Family Dairy who generously donated the dairy essentials including butter, cream and milk for a National Strawberry Tea on the 19th August.

The events at 15 Abbeyfield Scotland houses - from as far north as the Black Isle to Dumfries in the south - collectively welcomed over 300 people including house residents, families, staff, volunteers and members of the local community on the same day.

Niall Patterson, CEO, said: Our annual strawberry teas are well known and loved by our residents but this is the first year we have held the event on the same day across all of our houses including our house in Greenock. At Abbeyfield we want to bring people together for company and conversation and there's no better way to do this than sharing a cake and a cup of tea! We are very grateful to Graham's who have been extremely

supportive of our event. On behalf of everyone at ASL I want to say thank you to Graham's, and to our many volunteers across the country for their support.

Mrs Graham from Graham's The Family Dairy said: We are delighted to be involved in this year's annual strawberry tea event. It's a fantastic charity and we're happy to support the day by providing them with our butter, cream and milk. I am sure it will be a successful and enjoyable day.

A typical strawberry tea event is a gathering of people to share homemade cakes, strawberry scones and tea with entertainment for the guests courtesy of the volunteers. There were 15 houses involved.

Inverness, The Black Isle, Coatbridge, Dumfries, Greenock, Giffnock, Haddington, Lenzie, Lockerbie, Nairn, Stonehaven, Turriff, Torphins, Bridge of Allan and Killearn houses joined forces to host one large party.



Birthday celebration



Resident Arthur Wright celebrated his 95th birthday at Coatbridge with staff, family and friends recently. House Supervisor Gail designed and baked a special cake, which Arthur enjoyed along with a wee sherry or two. Cheers Arthur!

95th!



93rd!

Celebration time

There were celebrations at the Inverness house recently when Mary MacKenzie turned 93 years old.



90th birthday

Mrs Crawford, Esplanade's resident gardener, celebrated her 90th birthday with fellow residents and staff at the Abbeyfield house in Greenock.

92nd!

Happy birthday

Killarn resident, Dorothy Fraser celebrating her 92nd birthday with staff members Judy and Barbara.



90th celebration

Dorothy Gladstone, resident of Abbeyfield, Killarn, celebrated her 90th birthday on 18th October.



Got an idea?

We are keen to hear your ideas on fund raising and raising the profile of Abbeyfield, too. Is there something you would like to do for your home or community? We can help!

For example, funds have been raised for residents' days out, IT equipment, garden chairs and bird feeders and even for an Abbeyfield budgie!

You can call us on **0131 225 7801** or complete the enclosed form and post it to **Abbeyfield Scotland Limited, 14 New Mart Road, Edinburgh, EH14 1RL.**

			6					
					1	3	8	5
				7	2			
9								2
		8						
	3	2					1	7
	4						7	1
	1				6	2		4
	7		1		4	9	5	

Sudoku

December 2016

Answers from Aug >

3	6	9	7	4	5	2	1	8
7	4	1	2	8	6	3	5	9
8	5	2	1	3	9	6	4	7
5	8	7	9	1	2	4	6	3
1	9	4	8	6	3	5	7	2
6	2	3	5	7	4	9	8	1
4	1	6	3	9	8	7	2	5
2	3	8	6	5	7	1	9	4
9	7	5	4	2	1	8	3	6

Christmas message from the Chief Executive, Niall Patterson



In your last edition of

"The Voice" I said there would be updates on our plans for new services.

You will know that alongside maintaining and improving our traditional supported homes we have long been seeking to ensure that Abbeyfield continues to provide attractive and sustainable options for succeeding generations of older people and their families. So I am pleased to let you know we will be taking our first steps in mid-2017 by providing a small development of bungalows for let in a lovely part of Aberdeen. This will be supported by the development of a range of domiciliary and concierge services for the wider area.

Over time we will expand this to meet the potential other parts of Scotland. In addition we will be investing appropriately in our existing homes and services to ensure they continue to meet changing demands in the areas we serve.

I hope that you will agree this is a very exciting move that offers reassurance for residents, now and in the future, and confidence in the ongoing success of Abbeyfield Scotland.

The run-up to Christmas may be as busy for you as it is for our staff! Either way, I hope you enjoy the time with family and fellow residents and that you stay cosy over the festive season.

Happy Christmas!

Niall.

Newsletter also available in large print and on tape.

Contact Details

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