

Spring 2017

thevoice

The newsletter of abbeyfieldscotland



The entrance area at Ferndean, Lenzie, is the model for planned improvements to the interior appeal of our Abbeyfield houses. **See more on page 2.**





Finalist



Highly commended

National Housing for Older People Awards

The prestigious National Housing for Older People Awards are designed to raise the profile of retirement housing throughout the country and encourage people to vote for their favourite residential development. This year over 10,000 votes were cast for the 1180 nominated housing development or schemes across the UK.

Abbeyfield's Park House in Bridge of Allan has been shortlisted as a finalist in the awards with Abbeyfield House in Coatbridge being highly commended.

Carolynn Malone, Service Manager for Abbeyfield Scotland said:

"We are thrilled to have two of our houses recognised in these important awards. Our staff and volunteers are extremely dedicated and work hard across all our houses. It's great that the team in Bridge of Allan and Coatbridge have been recognised in this way as these awards are highly prized. We look forward to the awards ceremony in May."

The Awards will be celebrated at Edgbaston Cricket Ground, Birmingham on 16th May 2017 where the bronze, silver and gold awards winners will be announced.



Cover story continued

Similar improvements will be carried out at other Abbeyfield houses – upgrading and modernising our existing entrance areas to ensure an attractive welcome that matches the quality of our service.





Training

Aileen Fairholm, House Supervisor at Dock Park, Dumfries with her SVQ tutor, Derek Parker observing a supervision meeting with her line manager, Lynne White. Aileen was grateful to Abbeyfield Scotland for giving her the opportunity to undertake the training and special thanks went to Lynne for her professional and personal support, to Derek for his guidance and to Carolynn Malone, Service Manager, for making it all happen.



Red Nose Day

Residents and Friends at Park House, Bridge of Allan joined in the Red Nose Day fun with a red themed quiz and delicious red nose scones produced with locally made butter, double cream and strawberry jam topped with a cherry 'red nose'!

Pictured modelling some of the red noses are 'Friends of Abbeyfield' Liz Albert and May MacDonald.



Bonnet knitting

Cathie Garrow, resident, Abbeyfield House, Rosemarkie (pictured left) is knitting bonnets for the premature babies' unit at Raigmore Hospital, Inverness. Assisting her to show them off for the camera is resident, Jean Davies.



Daffodil art

Our Rosemarkie residents busy making daffodil wreaths in time for Easter.



Joint birthday party

A joint birthday party was held recently for Park House residents, Bridget Robinson and Pauline Fraser where everyone participated in the festivities.





Good luck, Debbie!

Residents and staff at Ferndean, Lenzie wished Debbie Hetherington, House Supervisor, best wishes and good luck in her new job. Debbie was presented with a beautiful gift and flowers from everyone.

Thanks for all your love and support and hard work, Debbie. We will miss you!



Burns supper

What a great time the residents of Coatbridge had at their Burns supper!



Food donation

Residents Dorothy McKay and Eileen Higson of Abbeyfield House, Torphins are pictured with donations collected on behalf of the local food bank in Banchory. The donations were collected at a coffee morning held in February and organised by the residents. A cash donation of £40 was also received.



Toasting Burns!

Residents of Abbeyfield House, Esplanade celebrated Scotland's Bard with an entertaining afternoon of Burns' songs and poetry and the traditional fare.





"Our residents, staff and volunteers really went the extra mile for Cancer Research UK."

Cancer Research coffee morning

Abbeyfield House, Greenock hosted a Cancer Research UK Coffee Morning on 6 April. Julie Shaw, House Supervisor at Abbeyfield Scotland, Greenock said: "With home-baking including tablet, cup-cakes and shortbread as well as some beautiful hand-knitted lavender

bag dolls, our residents, staff and volunteers really went the extra mile for Cancer Research UK. It's a charity that means a lot to Abbeyfield Scotland and we love to hold events like the coffee morning which raises vital funds and are a great social event too."



Crandeen

Crandeen is a new and wholly owned subsidiary of Abbeyfield Scotland offering personalised, choice-based support for people in later life. To begin with, it will offer an accommodation-based support service to the tenants of our new bungalows at Pinewood Walk, in Hazelwood, Aberdeen, to be followed by a range of care and support in the Countesswells area through Crandeen's upcoming outreach service.

Full details are available from Crandeen by calling **01224 925 151** or by email: **info@crandeen.scot**



Pie Week takes place each year during the first full week in March. The week is an opportunity for British people to celebrate their love of pie. It started out as a marketing campaign by Jus-Rol, a UK ready-made pastry company, but the concept took off and became Britain's main celebration of pie.



Abbeyfield Scotland Pie Week



Giffnock residents, with the help of House Supervisor, Margaret Morrow made a fabulous chicken and leek pie to show off some home cooking!



Pass the gravy please! Niall Patterson was invited to have a special pie lunch with the residents of Dock Park. Pictured: Niall with residents Helen Steele and Jeannie Kerr.



During 'Pie Week' at Abbeyfield House, Coatbridge, residents enjoyed a variety of pies including a traditional steak pie and a sweet apple pie.





#MyHeritageIs

Parklea, Lockerbie took part in a workshop for Historic Environment Scotland. Residents of the Lockerbie and Dock Park houses shared their stories about the local area and the places that mattered to them.

Pictured is Janet Staley and Ada Brooks of Parklea, Lockerbie.



A successful 'pie event' was held at Abbeyfield House, Greenock where twenty-nine visitors attended and made donations for tea and coffee and homemade pies baked by House Supervisors Julie and Sandra. A total of £187 was raised for house funds and the local press was there to record the event. Thanks, too, to the volunteers who helped out on the day making the event a great success.



Easter bonnets

Residents at Park House, Bridge of Allan had a fun day making Easter Bonnets with two of the Friends.



Inverness resident, Liliias Olding expertly rolling out pastry for a tasty chicken pie.





Repairs news

From Monday 3 April 2017 all repairs should be reported to the Edinburgh office.

Trust will no longer be logging repairs for Abbeyfield Scotland. Repairs can be reported to a member of staff at your house or to the Edinburgh office by telephoning 0131 225 7801 or emailing maintenance@abbeyfield-scotland.com

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				8	5		3
	3						9
	6	1					4
		8				1	6
					6		4
5					7	2	1
	2	7	5	1			8

Sudoku

April 2017

Answers from
December 2016 >

1	8	4	6	5	3	7	2	9
6	2	7	4	9	1	3	8	5
3	9	5	8	7	2	1	4	6
9	5	1	3	4	7	8	6	2
7	6	8	2	1	5	4	9	3
4	3	2	9	6	8	5	1	7
8	4	3	5	2	9	6	7	1
5	1	9	7	8	6	2	3	4
2	7	6	1	3	4	9	5	8

A word from the Chief Executive

I am sure we are all pleased that the Spring is well underway - and on that very theme, our Rosemarkie residents have been busy weaving daffodils and knitting bonnets and our Bridge of Allan residents and volunteers have been making exquisite Easter bonnets! So many of you put a lot into their local communities, whether through volunteering, like our Friends, or raising funds for charities, like many of our residents - and all of this is captured in this edition of "The Voice".

We have news of our investment in new services and our much-loved existing houses elsewhere in this newsletter. I hope you find this encouraging and interesting. Our staff are always busy, many of them making a fabulous range of pies for "Pie Week". I am always delighted to join residents for lunch and thank all at Dock Park, Dumfries for making me very welcome (and very satisfied!) to their superb range of home-made pies.

Thank you for sharing your news with us. I hope you enjoy reading all about it as much as I have.



Newsletter also
available in
large print and
on tape.

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