

Spring 2019

thevoice

The newsletter of abbeyfieldscotland



the gathering 2019

Abbeyfield Scotland was involved in SCVO's 'the gathering 2019' held on 20 and 21 February at the SEC, Glasgow.

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the gathering 2019

Abbeyfield Scotland was involved in SCVO's 'the gathering 2019' held on 20 and 21 February at the SEC, Glasgow.

It was Scotland's largest event for charities, social enterprises and voluntary organisations and free to attend with something for everyone. There was a bustling marketplace of over 100 exhibitors and a 2 day packed programme of workshops, seminars and training sessions.

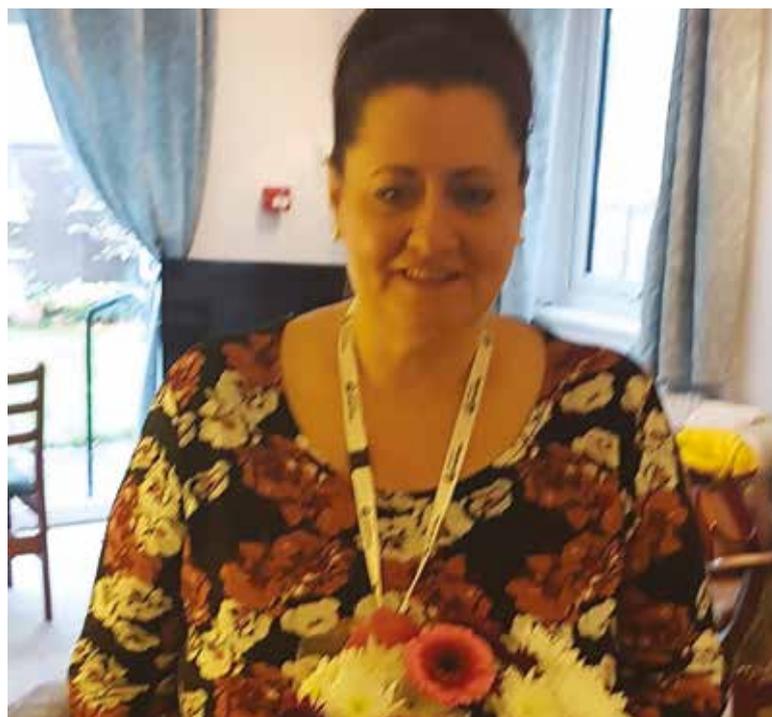
Abbeyfield made new friends and supported lots of worthy causes at the gathering. The tablet and cupcakes drew in the crowds, courtesy of our hardworking staff and the Abbeyfield shoppers made from recycled materials were well admired!



Board changes at Abbeyfield Scotland

Ken Robertson has been appointed Chair of the Abbeyfield Scotland Board from his previous role as Vice-Chair. Ken was the former Corporate Relations Director at Diageo and brings strong strategic leadership skills to the Board, as well as experience in governance and stakeholder engagement. Nance Smith will support Ken as Vice-Chair and also continue her role as Company Secretary.

The Board also welcomes Patrick Kelliher as a new member since March this year. Patrick is a fully qualified actuary with over 20 years post-qualification experience and over 15 years' experience in risk management.



Well done Julie!

A huge well done to Greenock House Supervisor, Julie Shaw, who completed the 18 month CAPA (Care About Physical Activity) project in Inverclyde. Julie encourages residents to remain independent and to keep moving, improving physical activity within the house.





Celebrating Burns Night at Abbeyfield

Bridge of Allan

There was a Robbie Burns-themed coffee morning for the residents at Park House on 25 January, which was also a birthday event for newest resident, Bill. Three Burns poems were recited, five Burns songs sung and some interesting facts learned about the famous Bard.

The 'Park House' Grace

Some lack cake that canna bake
And some wad eat that want it.
But we can bake and eat the cake
And sae the house be thankit.

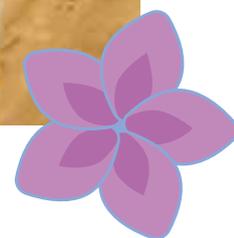
Lenzie

A great Burns' lunch was held at Ferndean, Lenzie where residents thoroughly enjoyed their meal and the entertainment provided by House Supervisor, Lynda Quinn.





Pictured are Maureen Royston, Friends of Abbeyfield, Killearn, Phillip Pain, Treasurer of Friends of Abbeyfield, Killearn and Peter Reilly, Co-op Manager.



Co-op Good Causes

The Friends of Abbeyfield, Killearn were generously awarded £2373.69 from the Co-op Good Causes. Their Treasurer, Phillip Pain said "We are grateful to the Co-op for helping to raise awareness of our work in Killearn.

The fund will help us continue to provide social activities, outings and companionship events for people living in the Abbeyfield community."



Jane Ritchie ASL QA checks

Jane Ritchie, Area Supervisor, was carrying out ASL Quality Assurance checks at Giffnock, talking to residents about menu planning and food preferences.



Gin tasting

Abbeyfield residents at Woodville, North Berwick, were treated to a gin tasting event hosted by House Supervisor, Christa Gray. Looks like a fun time was had by all!



Retirements

Michael Pell

Michael Pell retired from the the Killearn Friends of Abbeyfield group this year and a retiral lunch was held for him in January at Ross Priory to celebrate many years of service.

He retired from full time employment in 1996 and very soon after was invited to join Abbeyfield Killearn House as Treasurer. This was in the independent days before merger in to Abbeyfield Scotland.

In 1999 he became Chairman of the Committee, and in 2002 joined the Abbeyfield Scotland National Committee.

Michael tells us he has thoroughly enjoyed his time working with an enthusiastic committee, meeting many lovely residents who were enjoying their stay in Killearn and helping with the many activities organised by the Friends.

His contribution has been significant and much appreciated by all. He will be keeping in contact and happy to offer advice and guidance following his many years of experience. We wish him all the very best in his retirement years!

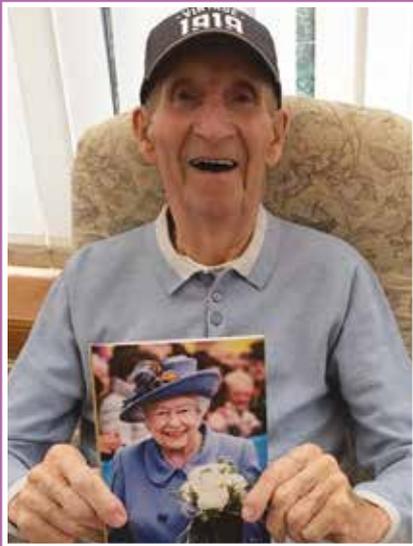


Bill Brunton

Friend of Abbeyfield, Bridge of Allan, Bill Brunton pictured with Liz Albert who presented him with his Certificate of Appreciation on his retiral as Treasurer of the Friends group, Park House. Bill has looked after Park House's funds in an excellent manner for more than ten years. Well done and thank you, Bill!



Abbeyfield birthdays



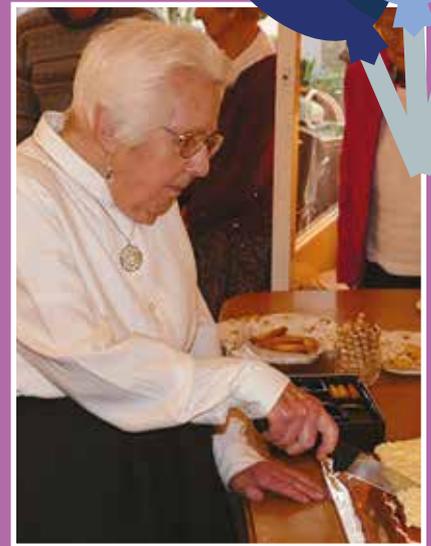
David turns 100

Abbeyfield Stonehaven's resident, **David**, celebrated his 100th birthday recently. Happy birthday, David!



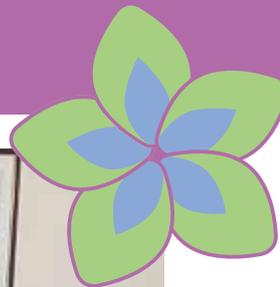
Bridget turns 97

Park House resident, **Bridget**, is pictured cutting her cake in celebration of her 97th birthday. Poetry and a singsong formed part of the entertainment. Happy birthday, Bridget!



Ann turns 95

Ferndean resident, **Ann** enjoyed her 95th birthday at the house with family, fellow residents and staff. Happy birthday, Ann!



Fundraising at Lenzie

Staff and residents at Ferndean, Lenzie raised funds of **£307.50** for Arthritis and Alzheimer's Scotland. Many thanks and well done to all of you.





Congratulations Margaret and Linda

Margaret Pryce, House Supervisor, Coatbridge recently passed her SVQ 2 in Health and Social Care and Linda Murdoch, Area Supervisor, passed her PDA in Leadership. Congratulations, ladies!



Louise celebrates 10 years at Abbeyfield, Giffnock

Congratulations to a very happy Louise McLaughlan, who recently celebrated 10 years working as a House Supervisor with the residents of the Giffnock house. Louise says she has thoroughly enjoyed her work and the years have passed so quickly.



EAC National Housing for Older People Awards 2019



Abbeyfield House, Greenock and Abbeyfield House, Stonehaven are gold and silver regional winners respectively in the EAC National Housing for Older People Awards 2019 in the category 'retirement housing under 25 units'.

A record 18990 votes were cast, nominating 1220 schemes managed by 190 organisations!

National finalists have been selected from the regional award winners. The 27 bronze, silver and gold national award



winners and 9 national heroes will be announced at the Awards Event on 21 May 2019 at the Sheridan Suite in Manchester.

Residents, visitors, staff and volunteers also had the opportunity to nominate their hero: a manager, resident or volunteer who is essential to the high quality of life in their housing scheme.

Congratulations to residents and staff at Greenock and Stonehaven. We are proud of you!





A word from the Chief Executive



After a relatively mild winter, I want to take this opportunity to thank the staff for their care and support to residents during the darker months.

2019 has taken off at a fast pace, with lots of focus and emphasis on developing our services. It is inevitable that we must continue to change and find opportunities to make our mark on improving the lifestyle and wellbeing of older people and people with support needs in our communities.

As we look towards a new regulatory framework in the coming year, we will be looking closely at ourselves, and how we perform, and as always, it is important that we hear this from staff and residents.

We will be issuing satisfaction surveys in the next few weeks, so I hope you will participate in feeding our data on performance and enjoy the results.

We will be considering a strategic options appraisal in the spring and we will share our thoughts and options with you.

And as we approach nicer weather (hopefully) and longer days, I hope you continue to enjoy the wonderful social activities arranged and share your wonderful photographs with us. Wishing you all a happy Easter!

Karen Barr, Interim Chief Executive (Group)

Nursery school visit

Pupils from the local nursery school visit Ferndean, Lenzie each month where they provide great companionship and entertainment for the residents and staff.

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	7		6					
		2		8	6		3	
7		9			3			
4			7			1		
2	5			4	9			7
		4				3		
		7	2	1			4	

Sudoku

April 2019

Answers from December 2018 >

6	2	7	4	5	8	3	1	9
1	8	4	3	2	9	6	7	5
5	9	3	6	7	1	8	2	4
2	4	1	8	9	6	7	5	3
7	3	6	2	1	5	4	9	8
9	5	8	7	4	3	1	6	2
4	1	9	5	3	7	2	8	6
8	7	2	9	6	4	5	3	1
3	6	5	1	8	2	9	4	7

Newsletter also available in large print and on tape.

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